



## Central New York “Slip Sliding Away” Day

Sponsored by the NYS AHPERD Central North Zone

& BRIDGES to Prevent Tobacco

- During the weekend of February 9-10, 2013 the Central North Zone is featuring opportunities for you, your family and friends to enjoy recreation activities in your community. You will need to present this flyer at any one of the businesses listed below for discounted and/or FREE admission. This is a tobacco- free event.
  - Our mission is to promote outdoor adventure and recreation activities that can be enjoyed by the entire family and expose individuals to the opportunities available in Central New York to maintain a healthy and active lifestyle.
  - Our goal is to promote life-time fitness activities that can be enjoyed by family and friends while meeting our Physical Education NYS Learning Standard #3: Utilizing our community resources. We hope that your family will support the local recreation businesses in your community to help enhance your overall enjoyment of life!
1. **New Hartford Recreation, New Hartford, NY- Ice Skating.** \$2.00 off admission only on Saturday, Feb. 11 from 7:30-9pm during open skate and Sunday, Feb. 12 from 3-5pm. .
  2. **Clinton Arena, Clinton, NY- Ice Skating.** Free admission and free skate rental on Sunday February 10<sup>th</sup> from 3-5pm
  3. **BREIA TRAILS (Black River Environment Improvement Assoc.)- Snowshoeing** will provide snowshoes, guides and maps, **at no cost, on this campus.** Check conditions at [www.breiax\\_countryski.org](http://www.breiax_countryski.org) Date: Feb. 9th  
Time: 10:00 to 1:00pm  
Location: Alder Creek Gorge, 9348 Egypt Road, Boonville, NY 13309
  4. **Kennedy Arena, Rome, NY- Ice Skating.** \$1.00/skate admission & \$2.00/skate rental.

Date & Time: Sat., Feb. 9<sup>th</sup>: 1-2:45pm & 6:30-8pm

Sun., Feb. 10<sup>th</sup>: 1-2:45pm

**\*Please bring this flyer with you and present for entrance to event!**



Preventing tobacco-related diseases in  
Herkimer, Oneida & Madison Counties

Hope you'll join us on the weekend of  
Feb. 10th-12th!



**Dry Hill Ski Area**

[www.skidryhill.com](http://www.skidryhill.com)

County Route 67, Watertown, NY 13601

315/782-8584

\$10 off ski-board-tubing / \$5 off ski/boardng / \$5 Rental / \$2 off

**Tubing**



**Labrador Mt.**

[www.labradormtn.com](http://www.labradormtn.com)

6935 Rt. 91, Truxton, NY 13158

607/842-6204

\$40 Ticket for day / \$37 for 4 hours / Lesson Specials available



**McCauley Mt. Ski Area**

[www.mccauleyny.com](http://www.mccauleyny.com)

300 McCauley Mt. Road, Old Forge, NY 13420

315/369-3225

\$20 "Adult" Ticket or \$15 "Jr." Ticket



**Snow Ridge Ski Resort**

[www.snowridge.com](http://www.snowridge.com)

P.O. Box 100, 4173 West Rd., Turin, NY 13473

315/348-8456

\$22 All day Ticket



**Song Mt.**

[www.songmountain.com](http://www.songmountain.com)

1 Song Mountain Rd., P.O. Box 1001, Tully, NY 13159

315/696-5711

\$35 for Lift Ticket/Lesson/Equipment Rental package



**Toggenburg Mt.**

[www.skitog.com](http://www.skitog.com)

1135 Toggenburg Road, Fabius, NY 13063

315/683-5842

\$25 Ticket/\$15 Rental/\$15 Beginner ticket, rental, & lesson



**Val Balias Ski Center (Utica parkway)**

[www.skibigval.com](http://www.skibigval.com)

210 Memorial Parkway, Utica, NY 13501

315/266-0453

\$13 Terrain Park Ticket & \$6 per hour Tubing lift Ticket



**Woods Valley Ski Area**

[www.woodsvalleyskiarea.com](http://www.woodsvalleyskiarea.com)

**9074 Dopp Hill Rd, Western, NY 13486  
315/827-4721  
\$27 "Full Day" Ticket for Sat. 2/11/12**

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